



## PUT YOUR CREATIVITY TO THE TEST!

May 6<sup>th</sup>-10<sup>th</sup> is Child and Youth Mental Health Week. To celebrate, we challenge you to design a sticker around one of the following three themes:

- Empowerment and Resilience
- Stigma Breaker
- Self-Care Champion

3 winners will be chosen from 3 different schools! Entries will be judged and winners will be contacted by May 17<sup>th</sup>, 2024.

If you win, your design will be turned into a sticker! You will receive 50 stickers for personal use, and your school will be sent enough stickers for every student to get one!

See below for size reference.



### Rules

- Anyone age 12-18 can enter!
- Stickers can be any shape and any number of colours. Words and images are allowed.
- You can draw your sticker as big as you like, **but** when created the stickers will be resized to a maximum of 2 inches by 2 inches. Please ensure any words are readable at that size.
- Entries containing rude language or images, swears, or discrimination will be disqualified.

### Submission

- Entries can be dropped off at Compass reception, 62 Froot Rd Suite 100, Sudbury, ON P3C 4Z3, before Friday, May 10<sup>th</sup> at 4 PM, OR;
- Entries can be scanned and/or submitted as PNG/JPEG/PDF files and emailed to [engagement@compassne.ca](mailto:engagement@compassne.ca) before Friday, May 10<sup>th</sup> at 4 PM

### Consent + Contact Info

By signing my name below, I consent to allow Compass to use my design to create stickers to give to youth in the community.

The design may be used in promotional materials such as posters or social media. The design will not be used for profit.

Signature: \_\_\_\_\_

Full Name: \_\_\_\_\_

Age: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email (optional): \_\_\_\_\_

School: \_\_\_\_\_

Grade & (Home-room) Teacher: \_\_\_\_\_

Design a sticker around one of the following three themes:

- ▶ Empowerment and Resilience
- ▶ Self-Care Champion
- ▶ Stigma Breaker

