



YEAR TWO OF OUR 2017-2021 STRATEGIC PLAN

VOLUME
28

CHILD AND FAMILY CENTRE **ANNUAL REPORT** 2018 - 2019

463

Supervised
Access Visits

146

Psychological
Assessments
Completed

16

Youth Justice
Clients Served

50

Children Served through
the Resource Program

1 990

Mental Health
Clients Served



OUR PURPOSE

To create paths for our young people to reach their full potential.

The Child and Youth Mental Health
Lead Agency for the Districts of
Sudbury and Manitoulin

A FRENCH LANGUAGE SERVICES DESIGNATED ORGANIZATION

COMMUNITY PARTNERS

Canadian Mental Health Association
Centre for Addictions and Mental Health
Child and Community Resources
Children's Aid Society of the
Districts of Sudbury and Manitoulin
Children's Community Network
Conseil scolaire catholique du Nouvel-Ontario
Conseil scolaire public du
Grand Nord de l'Ontario
Greater Sudbury Police Service
Health Sciences North
Huron Superior Catholic District School Board
Kina Gbezhgomi Child and Family Services
Manitoulin-Sudbury District Services Board
Ministry of Children, Community and
Social Services
Ministry of Health and Long-Term Care
Ministry of the Attorney General
Noojmowin Teg Health Centre
Primary Care Providers
Public Health Sudbury & Districts
Rainbow District School Board
Sudbury Action Centre for Youth
Sudbury Catholic District School Board
Specialty Medical Providers
TGInnerselves

CFC BOARD OF DIRECTORS

Todd Robson, President
Randi Ray, Vice-President
Sophie Mageau, Treasurer
Robin Tiplady
Iva McNair
Brenda Tremblay
Richard Dupuis
Dr. Joey-Lynn Wabie
Vincent Bolt
Linda Dugas, Executive Director (Ex-officio)
Monique Levesque, Secretary to the Board
(Ex-officio)

LOCATIONS

62 Frood Road, Suite 100
Sudbury, ON P3C 4Z3 | **705.525.1008**

319 Lasalle Boulevard, Unit 4
Sudbury, ON P3A 1W7 | **705.525.1008**

34 Birch Street East
Chapleau, ON P0M 1K0 | **705.864.0860**

407 Centre Street
Espanola, ON P5E 1E4 | **705.869.1564**

15 Manitowaning Road
Little Current, ON P0P 1K0 | **705.368.2002**

CFCNORTH.CA

TOLL FREE:
1.800.815.7126



CHILD AND FAMILY CENTRE

Your child and youth mental health agency
Votre agence en santé mentale pour enfants et adolescents
Binoojiinh miinwa eshkiniigid enjiinoojimaad enendang

FINDING NEW WAYS

BEING THERE WHEN AND WHERE YOU NEED US

After consulting our youth, families and community partners, the Child and Family Centre **re-designed access to child and youth mental health services** for Sudbury and Districts.

During 2018/19, 1 242 children, youth and families spent no time waiting and received **immediate access to services** while the remaining clients only had to wait a median of 17 days for services.

1 242

children, youth and families spent no time waiting

17 DAYS

median wait time

REACHING FOR EXCELLENCE

RECEIVING THE KEY TO THE CITY

During 2018/19, the Child and Family Centre successfully renewed **Accreditation** through the Canadian Centre for Accreditation by meeting 422 mandatory and best practice indicators.

Accreditation reaffirms that not only is our organization delivering high quality services that meet the needs of our clients, but also that we are doing so in a safe, accountable and fiscally responsible environment.

422

mandatory and best practice indicators

Accredited by
Canadian Centre
for Accreditation



Agréé par
Centre canadien
de l'agrément

REACHING FOR EXCELLENCE, SHARING OUR STORY

MAKING HEADLINES

During 2018/19, the Child and Family Centre presented 3 posters at the 2018 Children's Mental Health Ontario Conference and published a **research paper** in *Relational Child and Youth Care Practice*. These four projects were:

CFC News 2018-19

CFC Making News Across the Province

Developing an Agency Training Plan
Using an Environmental Scanning
Approach

Diminishing Wait-Times by
Re-envisioning Brief Service

Children's Mental Health Service Use

Promoting the Safe and Effective Use
of Self in Child and Youth Service
Workers

CULTURE OF CARE

SUPERHEROES IN THEIR EYES

93% of mindSPACE clients felt they **were partners with their worker** to achieve their goals and 97% of clients ending service would recommend CFC to other families. Below are some testimonials from our clients.



I TOTALLY REALIZED I
NEEDED THIS HELP IN ORDER
TO GIVE MY BOYS A BETTER
LIFE. I HAVE THE TOOLS TO
MOVE FORWARD NOW.
THANK YOU SO MUCH!

TOOK THE TIME TO
KNOW OUR CHILD AND
CAME UP WITH BEST
POSSIBLE SOLUTION
EVEN THOUGH THE PATH
WAS NOT OBVIOUS.

CULTURE OF CARE

TRAINING SUPERPOWERS

During 2018/19, CFC staff received more than 8,175 hours of training to help 85% of our clients report a positive outcome at the end of service.

97%
would recommend CFC to other families.

THEY CAME TO OUR HOUSE AND WORKED WITH US THE PARENTS AND NOT JUST THE CHILD.

VALIDATED MY FEELINGS.
NORMALIZED MY FEELINGS.
GAVE ME COPING STRATEGIES.

CONNECTED WITH MY DAUGHTER TO HELP HER.

TRAUMA INFORMED

MOTIVATIONAL INTERVIEWING

ASIST

MENTAL HEALTH FIRST AID

SOLUTION FOCUSED BRIEF THERAPY

THE ARSON PREVENTION PROGRAM FOR CHILDREN

SUICIDE-SAFER NETWORK

During 2018/19, the Child and Family Centre led a community collective working towards earning the **Suicide-Safer Community Designation**. The process began with holding multiple youth engagement sessions and hosting a strategic planning summit for over 120 community partners in September 2019.

Since the summit, the network has developed action plans that will address the needs of youth in our community in the areas of mental health promotion, intervention and suicide prevention.



SHARING OUR STORY

OVER THE HORIZON

*As part of the Suicide-Safer Network, the Child and Family Centre will be leading a project supported by the Centre of Excellence for Child and Youth Mental Health. The project will increase access to the right service at the right time for our clients by becoming **a trauma informed community.***



LOOKING AHEAD

2019-20 will be a time of change for the Child and Family Centre. Over the next year, we will re-think our service delivery, develop a more recognizable and relatable brand, and as a result of an organizational re-design we will implement an enhanced corporate structure. Furthermore, we will expand our services at our Frood location to better meet the needs of the families we serve.

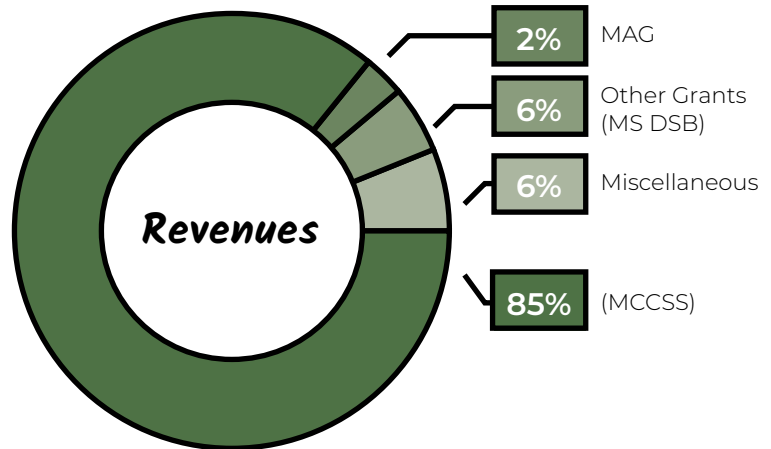


TO BE CONTINUED...

2018/19 FINANCIAL INFORMATION

This financial summary has been extracted from CFC's 2018/19 audited financial statements, copies of which are available upon request

Revenues	9,903,075
Expenses	9,817,599
Excess of Revenue over Expenses	85,476



Services by revenue stream

Ministry of Children, Community and Social Services (MCCSS) <i>Developmental Services</i> <i>Child & Youth Mental Health (CYMH)</i> <i>Stop Now And Plan (SNAP)</i> <i>Psychological Assessments</i> <i>Intensive Supervision & Support Program (ISSP)</i>
Ministry of Attorney General (MAG) <i>Supervised Access Program (SAP)</i>
Other grants - Manitoulin-Sudbury District Services Board (MS DSB) <i>Resource Program</i>

